

# COVID-19+ Recovery Site

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Thank you for getting tested for COVID-19.

We understand this can be a difficult & stressful time. This info sheet provides information about what happens next.

## Isolating at a Recovery Site

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It is important that you isolate to stop the virus from spreading if you have:

1. **Tested positive for COVID-19**
2. **Been in close contact with someone who has tested positive**
3. **Have possible COVID-19 symptoms and are waiting for test results**

A **recovery site** is a place where people experiencing homelessness can go to isolate and recover. They are spaces where you will have your own private room and regular health check-ins.



COVID-19+



A spot at a recovery site will be arranged for you by a health care worker



A driver will pick you up to go to the recovery site



When you arrive, staff will greet you, answer questions, and show you around

## Medical & Social Support Staff on Site

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Nurses & Doctors



Peer Workers



Community Workers

## Personal Needs

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Staff will make sure you have what you need. They can help with clothing, personal care items, as well as baby and child related items.

## Staying Connected

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Staff will make sure you are able to stay connected with workers and family using technology. They can also help you apply for benefits & social programs.

## Health Concerns

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Staff can help you with COVID-19 symptoms and other health concerns, including your medications. They can also help if you feel worried or lonely.

## Supports for people who use substances

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The site can provide cigarettes and managed alcohol. Harm reduction supports (new supplies, overdose prevention & supervision) and safe supply prescribing are also available.

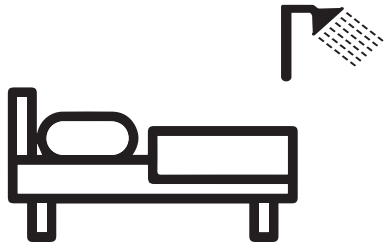
## Special Health & Safety Precautions

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Staff working at the site will be wearing equipment like gowns, masks and gloves to stay protected. You are also required to wear a mask in the common areas and when you are near staff.

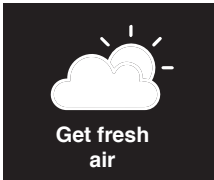
## A Private Room

You will have your own private room with a bathroom

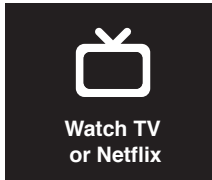


Bed  
Phone  
Internet  
Toilet  
Shower  
Regular cleaning

Even though you're in isolation, you will still be able to:



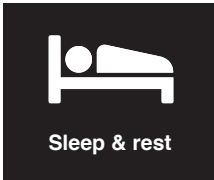
Get fresh  
air



Watch TV  
or Netflix



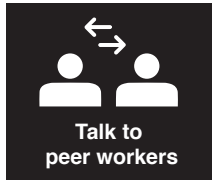
Talk to  
friends/family



Sleep & rest



Eat meals  
& snacks



Talk to  
peer workers



Read



Crossword  
puzzles



Connect to the  
internet

## Commonly Asked Questions

### How long will I have to stay?

- Your care team will talk to you about how long you will need to stay.
- Most people stay for 1-2 days while they wait for test results.
- People who test positive, or have been in close contact with someone who tests positive may need to stay up to 14 days longer.
- Families may need to stay longer.

### Will I be able to get my belongings? What if I need something?

- Your belongings are held for you if you are unable to get them.
- Staff will make every effort to make sure you have what you need (clothing, toiletries, etc).

### Who will be staying at this site?

- People will be coming from shelters across Toronto to stay at the recovery and isolation sites.
- Every person/family will have their own private space.
- We are committed to making this an inclusive and safe space.

### Can my family come with me?

- Every effort is made to keep family members together including children and parents.
- Decisions are made on a case-by-case base to ensure the safety of all individuals.

### Can I bring a pet?

- All locations will accept service animals.
- Some of the sites are able to accept pets.
- We can arrange care for your pet if you will be staying at a site that does not allow them.

### What happens when it's time to leave?

- You will move on to one of our programs within the shelter system or you will be able to return to the program where you were staying.
- We will also make sure you stay connected to your support workers and health care services.



ICHA

Inner City  
Health Associates



Toronto General  
Toronto Western  
Princess Margaret  
Toronto Rehabilitation  
Michener Institute



Designed in collaboration with Health  
Commons Solutions Lab